

Dear Families:

We continued observing the season of Lent today in Sunday School. So far, we have commemorated Ash Wednesday and discussed the spiritual disciplines of fasting, prayer, listening to God, and simplifying our lives. Hopefully you have made an effort to return to God over the past few weeks!

This week's spiritual discipline is Unplugging. God is not of this world, but this world bombards us everywhere we turn. It's on TV, on our computers, on our radio, and even in our pockets and the palms of our hands! In order to focus on God's domain, we need to unplug from the world. Stay off of the TV, the news, and social media. Return to God, and you will see that this world is not as important. We need to make sure we keep our focus on God's world that is to come! Try to limit your time on electronic devices this week. Use that time to talk to God and do His work instead.

We are using Lent to prepare us for Easter, which arrives this year on April 20. Please join us for that special Sunday! There will be no Sunday School that day, as everyone will be invited to celebrate the holiest day of the year up with the congregation. But If your children need a break from the service, the Sunday School room will be open with a few self-directed activities set up. Feel free to bring your child downstairs and do any of the activities or help yourself to a snack. Just please remain to supervise your child(ren).

Thank you for being with us today!

Carol McClellan, CE Director